

Course Timings

Distance km	Location	Elite Men avg 41km/h	Masters avg 39km/h	Women avg 36km/h
0.00	START Upper Moutere School	10:00	10:35	10:40
1.50	END OF NEUTRAL, Upper Moutere Community Hall	10:02	10:37	10:42
11.60	Left Turn Moutere Highway/Edwards Road	10:17		
13.00	Left Turn Edwards Road/Central Road	10:19		
14.30	Left Turn Central Road/Holdaway Road	10:21		
14.50	Right Turn Holdaway Road/Central Road	10:21		
20.50	Veer Left onto Old House Road	10:30		
22.30	Left Turn Old House Road/Moutere Highway	10:32		
35.80 (17.30)	Left Turn Moutere Highway/College Road	10:52	11:02	11:09
38.60 (20.10)	Veer Left onto Motueka Valley Highway	10:56	11:06	11:14
51.60 (33.00)	Left Turn Motueka Valley Highway/Waiwhero Road	11:15	11:26	11:35
54.60 (36.20)	KOM 1 WAIWHERO ROAD	11:20	11:31	11:40
60.20 (41.70)	Right Turn Waiwhero Road/Edwards Road	11:28	11:39	11:50
61.50 (42.90)	Right Turn Edwards Road/Central Road	11:30	11:41	11:52
62.80 (44.20)	Left Turn Central Road/Holdaway Road	11:32	11:43	11:54
63.00 (44.40)	Right Turn Holdaway Road/Central Road	11:32	11:43	11:54
68.90 (50.40)	Veer Left onto Old House Road	11:41	11:53	12:04
70.80 (52.30)	Left Turn Old House Road/Moutere Highway	11:44	11:55	12:07
78.50 (60.00)	Left Turn Moutere Highway/Edwards Road	11:55	12:07	12:20
81.20 (62.70)	Left Turn Edwards Road/Waiwhero Road	11:59	12:11	12:25
86.70 (68.30)	KOM 2 WAIWHERO ROAD	12:07	12:20	12:34
89.80 (71.30)	Left Turn Waiwhero Road/Motueka Valley Highway	12:11	12:25	12:39
102.30 (83.80)	Left Turn Motueka Valley Highway/Dovedale Road	12:30	12:44	13:00
109.90 (91.40)	Left Turn Dovedale Road/Neudorf Road	12:41	12:56	13:12
119.90 (101.40)	Left Turn Neudorf Road/Kelling Road	12:55	13:11	13:29
121.00 (102.5)	FINISH Kelling Road	12:57	13:13	13:31
	ESTIMATED RACE TIME	2:57:00	2:38:00	2:51:00